

WORKING ON THINGS

29 jan - 1 feb 2024

The content of my teaching draws on my experience as a dancer and actress and therefore often explores both territories.

I often have a very eclectic approach in my teaching, swiftly swimming between different approaches and ways of moving.

A lot of what i do relates to acquiring and perfecting skill.
I am wired to practice and perfect and usually I am drawn to my weaknesses rather than to my strengths. Through all this practicing I find all kinds of helps and techniques to transmit these skills to others. I give a lot of care to the execution of things, a lot of awareness and attention. The actress in me is also very interested in the HOW we do things (rather than the WHAT). What does this communicate? How do I change the expression of this movement? Is this what I want to communicate or express?

For many years I have been exposed to the teaching of Martin Kilvady, who uses open form (meaning one uses their own movements, we don't learn set material for example) to explore dance material and to become more eloquent in the art of dancing. This teaching offers a tremendous expansion of movement vocabulary. It creates a lot of awareness of what is happening where and when in the body. It gives freedom because we can do more, feel more. We use our sensations to observe and work with our habits etc,… It requires a concentrated type of approach and is very physical.

Lastly I am very interested in acting and theater and offer all kinds of exercises and tools in this domain.
I like to challenge dancers with speaking on stage, make them observe how they and others speak in daily life, play with inventing characters and moving out of our comfort zone.

The workshop is in collaboration with Danscentrum Stockholm

Ansök på https://dansalliansen.se/w/314

Ledare	**Kim Ceysens**
Startdatum	2024-01-29
Slutdatum	2024-02-01
Tider	13.00-16.00 (måndag-torsdag)
Antal dagar	4 dagar
Sista ansökningsdag	2024-01-17
Plats	Dansalliansen Studio
Adress	Ryssviksvägen 2, 5tr