

THE ACT OF LISTENING

2 - 3 mar 2019

Listening is leaning towards meaning before interpretation arrives. This attunement creates a space of potentiality in which we can zoom into the subtleties of an existing sensorial input. To listen is therefore to be inspired by what one hears.

In this intensive workshop, we will develop an expanded concept and practice of listening which will function as our generative core for movement. We will borrow from circular breathing, sitting and walking mediation and somatic practices. We will infuse our improvisation skills with interest as we pass through alternative modes of awareness, visit various physical states and improve our motor skills by the excess of attention given to subtleties of dynamic body sensations. By listening we will connect to an authentic experience of improvisation and movement.

We begin from still meditative positions that sustain subtle concentration and slowly start reacting to the sounds that exist in the room. We will give more space to what we hear, rather than what we see. Slowly but surely, the listening practice becomes more dynamic to the point in which we can move swiftly, shake vigorously, extend our bodies far into the space, cut across the floor and even work on the limits of our own stamina

Asher Lev is a performance maker whose works have toured festivals around the world. As a dancer he worked for Örjan Andersson (SE), Ina Christel Johannessen (NO), Ohad Naharin and Batsheva Dance Company (ISR), among many others. Asher Lev has a BA in Sociology/Anthropology and Islam/Middle Eastern Studies from the Hebrew University of Jerusalem and an MA in Choreography from the Amsterdam University of the Arts. He is interested in experimental somatic practices, radical physiologies, process and experiential philosophies.

Dansalliansen i samarbete med Kulturakademin och Danscentrum Väst

Ansök på https://dansalliansen.se/w/42

DANS ALLIANSEN

Ledare	**Asher Lev**
Startdatum	2019-03-02
Slutdatum	2019-03-03
Tider	Lördag kl. 11.00 - 16.00 Söndag kl. 10.30 - 15.30
Antal dagar	2 dagar
Sista ansökningsdag	2019-02-10
Plats	Ärlegården /Danscentrum Väst
Adress	Ärlegatan 3