SPARKLING IMAGINATION

21 - 25 okt 2024

Horacio proposes a highly physical work that demands attention, interest and intensity rather than a certain technique level, challenging the potentiality of each dancer to push the limits of body imagination and expression further.

The workshop evolves with what the group offers, as the ability to create and compose physically need training and attention as well as technique or style. Through the group process the participants learn from each other through acceptance and transformation, collaboration and observation of their own dance and of the whole group.

The outline of the spontaneous is blurred to disappear, the margins of the predictable are softened and we know the interrogation point that questions the automatic response. The body allows us to transcend.

The workshop is made possible in collaboration with Danscentrum Syd
Photo: Håkan Larsson

Flying Low - Class
This work focuses mainly on the dancer's relationship with the floor. Simple movement patterns that involve breathing, speed and the release of energy throughout the body activate the relationship between the center and the joints, moving in and out of the ground more efficiently maintaining a centered state. The focus on the skeletal structure helps to improve the dancers' physical perception and alertness.
The technique was developped by David Zambrano, with whom Horacio has been working for more than 19 years. They continue to develop it and to exchange on all levels of dance work.

Horacio Macuacua, dancer and choreographer is the artistic director of the dance company which bears his name. He develops projects that aim to go beyond established forms.
www.horaciomacuacua.com

Ansök på https://dansalliansen.se/w/337

Ledare	**Horacio Macuacua**
Startdatum	2024-10-21
Slutdatum	2024-10-25
Tider	12.00-16.00 (mån-fre) med möjlighet att delta på morgonträningen - Flying low 09.15-10.30
Antal dagar	5 dagar
Sista ansökningsdag	2024-10-11
Plats	Danscentrum Syd
Adress	Bergsgatan 26