



# QMotion Dance Technique

15 november 2024

Workshopen möjliggörs genom samarbete med Dansalliansen och genomförs i samband med dans- och arrangörsveckan Vuollerim i Rörelse. Kostnadsfritt och öppet för yrkesverksamma dansare, koreografer och pedagoger.

The workshop will be structured into three different phases. One of them will involve working on movement phrases taken from our company's repertoire, where we will delve into the dynamics and energy that support them, with a special focus on floor work and trajectories.

A second phase will introduce participants to Q-motion tools, a methodology I developed in collaboration with the National Dance Company of Spain and London City University. These tools are designed for movement creation, generation, and the exploration of movement qualities. In the third phase of the workshop, we will engage in a composition process using the material worked on throughout the day. It will be a fabulous day, full of enjoyment for everyone.

**OBS! Anmälan sker till [info@danscentrumnorr.se](mailto:info@danscentrumnorr.se)**

Ex- former member of Cirque du Soleil and founder of ACDN Productions, Phd **Eva S. Martz** has an extensive and distinguished career in the performing arts.

Ansök på <https://dansalliansen.se/w/369>



Ledare	Eva Sánchez Martz
Startdatum	2024-11-15
Slutdatum	2024-11-15
Tider	09.30-12.30 (fredag)
Antal dagar	1 dagar
Sista ansökningsdag	-
Plats	Samiskt Danscenter
Adress	Murjeksvägen 31