

PHYSICOLOGY AND CREATIVE TOOLS

6 - 10 sep 2021

DANS ALLIANSEN

Jos Baker has envisaged a workshop which draws from and combines the following two aspects of artistic research. - Physicology and Creative tools

Physicology *works with a combination of analysis and experimentation to develop a deeper understanding of the physical, psychological and evolutionary principles that affect human movement. The work looks at ways of deepening physical and intellectual understanding of how movement can work while also developing tools to handle some of the psychological factors that can hold us back in learning and in performing. These principals are then expanded through both fixed material and improvisation, building to richly detailed, technical and highly physically dance phrases. As the classes develop the emphasis turns to performativity and musicality while keeping a fun and high energy spirit of exploration.*

Creative tools *is an exploration of ways of making material for stage performance. Exploring physical extremes and characterisation; this workshop will look at ways of creating scene ideas using theatrical and physical tools, and then on how to develop and refine those ideas. How does a dancer approach a character, how does a character dance? We explore methods of generating material that play with the personality, image, and the strengths and weaknesses of the individual in the attempt to find unique and specialised material. "*

The classes are made possible trough Dansalliansen and Danscentrum Syd

JOS BAKER started dancing at the age of seven at Oxford Youth Dance. He studied at Trinity-Laban and at P.A.R.T.S (Performing Arts Research and Training Studios) in Brussels. Since finishing his studies in 2008, Jos has made a piece called Creature, man don't tell me (2008) as well as a duet with his father entitled Feedback(2009). He could be seen in In the process of… (2009) by Zoi Dimitroi as well as work by DV8 Physical Theatre which he joined for a brief period. Next to his stage work, Jos also created a music video for Forgot to Live – Ay Wing and a short film in collaboration with Yves Houtmann, with J'te Ramene as working title. He joined Peeping Tom in March 2009 for the creation of 32 rue Vandenbranden and then of A Louer (2011).

MARTINA LA RAGIONE dancer and choreographer with contemporary dance and floorwork as speciality.

Ansök på https://dansalliansen.se/w/134

Ledare	**Jos Baker assisted by Martina La Regione**
Startdatum	2021-09-06
Slutdatum	2021-09-10
Tider	09.30-11.00 daglig träning 11.30-16.00 workshop (mån-fredag)
Antal dagar	5 dagar
Sista ansökningsdag	2021-09-03
Plats	Danscentrum Syd
Adress	Bergsgatan 29