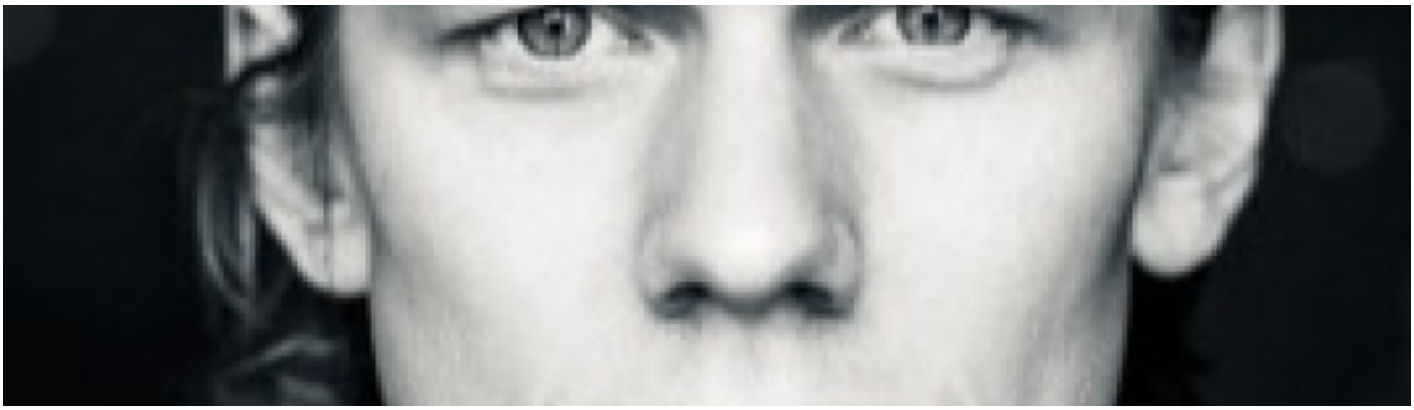


ON STILLNESS AND ACTION

29 maj - 2 jun 2023

Our physical, psychological, and cultural habits are deeply intertwined. History is encoded in the present. Aesthetic acts pass through the internalized concepts we begin to call home, and shape our present future.

Using meditation practices and teachings for the mind, as well as contemporary dance technique and theory, we'll explore how awakening and creativity can be expressed in and through the body. We will look more deeply at the roots of our collective aesthetic preferences, how they shape perception and pre-choreograph action.

In stillness, we will consider how meditation techniques might offer insight into contemporary movement processes and, more broadly, procedures of making art. In movement, we will translate these teachings into contemporary sense-based exercises, koans to be unfolded somatically.

Each class will include sitting/walking meditation, discussion, and movement practices.

Tilman O'Donnell (German/U.S.) received his training at the National Ballet School in Toronto, Canada. He joined The Göteborg Ballet in 2001 Staatstheater Saarbrücken (2002) Cullberg Ballet (2003-2007) The Forsythe Company (2007-2012,guest artist 2012- 2015). He has been freelancing as a choreographer, dancer and teacher since 2010. Tilman made his debut as a choreographer in 2002 with Del A, receiving first prize in two major international choreographic competitions. In 2005 he was nominated both "Dancer To Watch" and "Choreographer To Watch" by the magazine Tanz, and as "Hoffnungsträger" in 2015 by thesame publication. In 2017 he was once again named "Dancer to Watch" for his performance of Whatever Singularity #453: Solo for Tilman / Dancing with Alain.

In 2023, the work Etudes I & II will be presented by Dansens Hus, Stockholm, supported by Kulturådet /
Swedish Arts Council.

Ansök på https://dansalliansen.se/w/258

DANS ALLIANSEN

Ledare	**Tilman O´Donnell**
Startdatum	2023-05-29
Slutdatum	2023-06-02
Tider	11.15-16.15 (workshop inkl. paus)
Antal dagar	5 dagar
Sista ansökningsdag	-
Plats	Danscentrum Syd
Adress	Bergsgatan 29