

MOVING THROUGH

27 - 29 feb 2024

During these three days workshop participants will be able to explore various contemporary dance techniques inspired by working principles and improvisational techniques developed by Crystal Pite, Ohad Naharin and Jiri Kylian and others.

Participants are encouraged to explore their own movement and experiment with their body language in different and unique ways. We will focus on working with leading points and tension levels and putting a strong emphasis on a pure physical approach to movement.
We will explore the creation of various dance phrases and see how we can "perform" them with different intentions and qualities.

Part of the work will be dedicated to playing a variety of physical and intellectual games that allows participants to approach movement from the perspective of their "inner child"."
Foto: Juan Carlos Vega

Anton Valdbauer, is a contemporary dancer, choreographer and dance teacher. Born in a small city in northern Russia, his prolific career has taken him all over the world.
As a choreographer, Anton Valdbauer has created more than 20 works. In 2005, his piece “6 Seconds” won a Diploma at the 10th International Ballet Competition in Moscow. With “Lemniscate” he won Best Performance at the Burgos-New York Contemporary Dance Competition. In 2020 Anton founded Deep Dive Dance as an extension of his career. A platform for support, expansion and development of contemporary Dance and Moving forms of Art.

The workshop is a Collaboration between Dansalliansen and Danscentrum Syd

Ansök på https://dansalliansen.se/w/306

Ledare	**Anton Valdbauer**
Startdatum	2024-02-27
Slutdatum	2024-02-29
Tider	09.30-11.00 (daglig träning) 11.15-16.00 (workshop) (tisdag-torsdag)
Antal dagar	3 dagar
Sista ansökningsdag	2024-02-15
Plats	Danscentrum Syd
Adress	Bergsgatan 29