MOVING THROUGH

15 - 17 nov 2022

During these three days workshop participants will be able to explore various contemporary dance techniques inspired by working principles and improvisational techniques developed by Crystal Pite, Ohad Naharin and Jiri Kylian and others.

Participants are encouraged to explore their own movement and experiment with their body language in different and unique ways. We will focus on working with leading points and tension levels and putting a strong emphasis on a pure physical approach to movement.
We will explore the creation of various dance phrases and see how we can "perform" them with different intentions and qualities.

Part of the work will be dedicated to playing a variety of physical and intellectual games that allows participants to approach movement from the perspective of their "inner child"."
BION samt bilder bifogad här.

Foto: Juan Carlos Vega

The workshop is a Collaboration between Dansalliansen and Danscentrum Syd

Ansök på https://dansalliansen.se/w/202

Ledare	**Anton Valdbauer**
Startdatum	2022-11-15
Slutdatum	2022-11-17
Tider	9.30 - 11 (daglig träning) 11.15-16.00 (workshop)
Antal dagar	3 dagar
Sista ansökningsdag	2022-11-06
Plats	Danscentrum Syd
Adress	Bergsgatan 26