



# Move Like a Dragon

3 okt 2026



Denna masterclass ger en fördjupad utforskning av beröringens olika kvaliteter och dess betydelse för rörelse och uttryck.

Genom att lyssna till kroppens inre impulser och möta yttre stimuli undersöker ni hur rörelser tar form och utvecklas. Tillsammans utforskas också hur kroppar, rörelser och relationer skapar levande kompositioner i rummet.

**Språk:** engelska

**Deltagare:** denna masterclass vänder sig primärt till professionella skådespelare och dansare.

Workshopen ingår i festivalen GBG Mime Fest. Läs mer om festivalen [HÄR!](#)

I samarbete mellan Dansalliansen, Teateralliansen och Mim Plattformen

**Movement Workshop will focus on working with touch and its different qualities**, as well as on sensing internal and external impulses and their influence on movement within the body and the overall composition in space. You will explore how touch can initiate movement, transform its quality, rhythm and direction, and how individual impulses resonate throughout the body.

**You will also focus on creative principles that can serve as a source of movement material for solos and duets.** Through their variations and transformations, you will search for unexpected connections and relationships between the body, space and another person, discovering hidden stories of everyday life within them.

**Continuo Theatre** is an international independent theatre company founded in 1992 by Helena and Pavel Štoura?. It is based in Malovice, South Bohemia, in the cultural space Plum Yard. In its work it combines physical acting with puppet theatre techniques, live music and distinctive visual stylisation. In addition, the group has been working on site-specific projects in non-theatre spaces since 1997. In its more than 30 years of existence, the company has created dozens of productions and projects and won numerous awards.

Ansök på <https://dansalliansen.se/w/540>

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| Ledare | Continuo Theatre: Kate?ina Šobá?ová and Granada Gallego |
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| Startdatum | 2026-10-03 |
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| Slutdatum | 2026-10-03 |
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| Tider | 09.00-11.00 (lördag) |
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| Antal dagar | 1 dagar |
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| Sista ansökningsdag | 2026-09-27 |
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| Plats | Danscentrum Väst |
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| Adress | Ärlegatan 3 |
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