

MÖTE MED KOREOGRAF

27 - 30 maj 2024

Mitt arbete vill kommunicera en icke-hierarki mellan det känslomässiga, fysiska och intellektuella. Ett av mina intressen ligger i att hitta/skapa samband mellan den poetiska/politiska kroppen och ett poetiskt/politiskt språk.

As a dancer as well as a choreographer I work with different expressions, methods and techniques. There is no hierarchy between traditions and techniques. However, the foundation and what I always return to is my release-training as well as writing. There is a trust in the fact that the movement or the task in its simplest form is enough. In my work, the dancer is aware of, but is rarely busy with, the image they are producing. I encourage you to free yourself from the pressure of being creative and the pressure of constantly moving forward. These things might happen anyways. I am interested in a type of creativity that arises from feelings of safety and security, from calmness and being grounded.

The content and the structure of this workshop depends on the participants and might shift throughout the week. Emphasis will be on doing, dancing, sweating and verbally sharing our experiences. Bring paper and a pen (or phone/anything to write with/on)! We begin with moving between set exercises and improvisational tasks, meant to strengthen and warm up the body as well as activate an awareness of space and time. Informed by this training we will also engage in choreographic material from my previous pieces as well as try out new, possible, tasks for future works. This might include the breath and voice.

Marcus Baldemar, originally from Kiruna, is a dancer and choreographer now based in Stockholm, Sweden. For the majority of his professional life he lived in Brussels, Belgium where he was educated at P.A.R.T.S. Since graduating in 2008 Marcus has been working as a dancer, choreographer and teacher internationally while staying connected to the Swedish dance scene.

Ansök på https://dansalliansen.se/w/332

Ledare	**Marcus Baldemar**
Startdatum	2024-05-27
Slutdatum	2024-05-30
Tider	13-00-16.00 (måndag-torsdag)
Antal dagar	4 dagar
Sista ansökningsdag	2024-05-12
Plats	Dansalliansen Studio
Adress	Ryssviksvägen 2, 5tr