

MÖT KOREOGRAFEN

14 - 18 okt 2019

Leading points, tension levels and a strong emphasis on pure physical theatre. We will play physical and mental games and use the approach of learning thought playing. Connecting to our "inner child" and use this as a base for experiment and exploration

Antons classes are a combination of various contemporary dance techniques. Using improvisation as a foundation, his classes allow the participant to explore movement and experiment with body language in different ways. During warm up section the work will be on the entire structure of the body preparing muscles, bones and nerve system for further deeper approach. Then he will move to more physical sections working on the strength, coordination, energy and stamina.

The workshop will be split in two blocks each day, but with the possibility to change or swap them around

I block - repertoire work of Mats Ek and Johan Inger

II block - improvisation/choreography tools/experiments

Workshopen är ett samarbete mellan Dansalliansen och Danscentrum Syd

Anton Valdbauer started his dance career in European Ballet London and State Opera and Ballet of Republic Komi Russia where he danced as a principal dancer in both classical and modern productions. In 2006 Anton won a Diploma for his debut choreography “6 seconds” in 10th International Ballet Competition in Moscow. Since then his choreography works has been performed in Russia, Netherlands, France, Spain and Sweden. He has worked as a dancer at Netherlands Dance Theatre 2, Cullberg Ballet and Netherlands Dance Theatre 1. He is currently working with the Royal Swedish Ballet. His latest choreography work is “Vulpe” a solo piece that combines contemporary dance, physical theatre and mask

Ansök på https://dansalliansen.se/w/56

Ledare	**Anton Valdbauer**
Startdatum	2019-10-14
Slutdatum	2019-10-18
Tider	Daglig träning 09.30-11.00 Workshop 11.30-16.00
Antal dagar	5 dagar
Sista ansökningsdag	2019-10-10
Plats	Danscentrum Syd
Adress	Bergsgatan 29