



# MARTINs DANCE STYLES

5 - 8 feb 2024

For the past 25 years Martin enjoyed studying, embracing the intricacies of creative processes, All these experiences contributed towards the crystallisation of 'Martins Dancing', his dance style.

What I'm offering to you is an experience of my craft, a study moment in the library of my knowledge.

I will teach you the scores and methods that will equip you with concrete and graspable tools. I designed these tools in order to cultivate awareness, a sensitivity that can help you to access your feelings. The study process will radically enlarge your movement vocabulary and teach you how to use the body language more eloquently.

I have never done anything in my life that was not improvised. Since 2005 I am mostly not working with pre-choreographed movement sequences, pre-written vocabulary, yet I believe that my work contains tremendous amount of clarity and layered precision. I use improvisation to conduct my movement research, to perform, for the work outs and training sessions and unusually as a treatment tool.

What I'm presenting to you is very personal, yet I carry the belief that my work houses a generous portion of objective value to All. To study with me you don't need to be a movement specialist, professional performer nor a young person. I appreciate a lot open minded curious students ready to spend time investigating, using your today's potential occasionally swinging to the tunes of music.

I wish to help and make you feel better.

**Martin Kilvady** has been involved in more then 30 original creations and performed through out all the continents of the world. He is guiding an ongoing movement research and has been teaching for more then 25 years.

Ansök på <https://dansalliansen.se/w/308>



Ledare	Martin Kilvady
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Startdatum	2024-02-05
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Slutdatum	2024-02-08
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Tider	13.00-16.00 (måndag- torsdag)
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Antal dagar	4 dagar
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Sista ansökningsdag	-
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Plats	Dansalliansen Studio
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Adress	Ryssviksvägen 2
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