

# LETTING THINGS UNFOLD AND CATCHING THE CENTER

**1 - 3 sep 2025**

**THE EMERGENCE OF DANCE. At first we practice something like what comes before it becomes dance. the becoming of dance.**

In this workshop we practice to trust that everything is already there, and we practice to not know what exactly will unfold, and when, and how…
Being in the body. In space. In time. being looked at, being recognized, and recognizing the situation as it is and let it grow from there, finding the logic of the moment.  We trust the sensation to be our dance and choreograhic material, and our practice to be a collective space-time continuum of *becoming*….

A workshop in collaboration between Dansalliansen and  Danscentrum Stockholm.

**Sigal Zouk** is a dancer/artist working in Berlin since 1997. She received her training at the Emek Izrael Dance School and joined the Bat-Sheva Ensemble from 1994-96. After moving to Berlin and working with artists such as Luc Dunberry and Juan Cruz Dias de Esanola, she became a member of Sasha Waltz and Guests from 1999-2004. In 2005, she began her collaboration with Meg Stuart/Damaged Goods; first as a dancer and then as choreographic advisor/outside eye for the work of Stuart and Gehmacher as well as Stuart's following works. In 2007, she began her long time collaboration with Laurent Chetouane in which she created 10 dance and theatre works for the stage.

During the past few years she has begun to develop her teaching practice where she guides professional dancers to locate their feeling body to a presence that has the potential to navigate in and through any situation. Zouk accompanies artists and choreographers such as Jared Gradinger/Angela Schubot, Meg Stuart , Sheena McGrandles ,Antje Shupp,The progressiv wave ,Tamara Rettenmund and Mor Demer on their artistic journey, helping them to work with their limitations and their potentiality.

She was awarded the best performer in Dortmund Festival 2010 as well as dancer of the year from Tanz Magazine .

**Ansök på https://dansalliansen.se/w/426**

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| **Ledare** | **Sigal Zouk** |
| **Startdatum** | 2025-09-01 |
| **Slutdatum** | 2025-09-03 |
| **Tider** | 13.00-16.00 (mån-ons) |
| **Antal dagar** | 3 dagar |
| **Sista ansökningsdag** | 2025-08-20 |
| **Plats** | Dansalliansen Studio |
| **Adress** | Ryssviksvägen 2B |