DANCE PARTNERING PRACTICE

19 - 21 aug 2022

In this class, we practice a wide range of physical mental abilities, through moving with other people.

Dynamical guiding the group through the class setting, we focus mainly on aspects of weight sharing, leading/following/listening, and the importance of footwork and floor connection for balance and availability. We will insist on practicing specific approaches and techniques/mechanics, in order to achieve more freedom and possibilities in the improvisations, where the dances happen.

The workshop is a collaboration between Dansalliansen and Danscentrum Väst

Knut Vikström Precht is a dancer and performer currently based in Berlin. Born, raised and educated in Sweden, he has worked and performed all over Europe and toured on four continents. He joined Ultima Vez - Wim Vandekeybus 2015 - 2018. Since 2019 he teaches internationally together with Lito Anastasopoulou under the framework of Approaching Humans, which allows him to further explore and share his sincere joy and interest in movement, interaction and communication.

Lito Anastasopoulou graduated 2016 from the Royal Conservatory of Antwerp with studies in Contemporary Dance and she also has a bachelor's degree in educational science in Early Childhood Education (University of Patras, Greece).

Her main focus is performance, creation, choreography, training, as well as sharing her passion for dance by giving contemporary dance workshops for adults (partnering practice together with Knut Vikström Precht) and kids. She is working as a choreographer and performer for "Raush" by Gregory Caers

Ansök på https://dansalliansen.se/w/195

Ledare	**Lito Anastasopoulou and Knut Vikström Precht**
Startdatum	2022-08-19
Slutdatum	2022-08-21
Tider	15.00-18.00 (fre) 10.00-13.00 (lör-sön)
Antal dagar	3 dagar
Sista ansökningsdag	2022-08-10
Plats	Danscentrum Väst
Adress	Ärlegatan 3