CARING WITH - sensitizing oneself towards gravity

2 - 5 okt 2023

Gravity is our constant companion, and it is a force we all have in common as humans and non-human on this planet earth.

Caring with- sensitizing oneself towards gravity is about proposing an embodied multisensory affectively and politically targeted way of knowing, grounded in sensitizing oneself to each other and the “more than human” sentience, by asking: what modes of attention and practices of attunement can bring us into responsible relationships?
Gravity is our constant companion, and it is a force we all have in common as humans and non-human on this planet earth. Through playful and challenging guided explorations, we will work with sensing where the direction for down is by: *letting gravity inform our bodies*. You will get tools to move on your own, and tools for being in physical contact with others. We will practice the art of falling and failing, catching our self and each other, flying, rolling, sliding, balancing, disorientation, awkwardness, spiraling, weight sharing, counterbalance, being in the unknown and much more. **Foto: Patrick Beelaert**

"*You been swimming in gravity since the day you were born. Every cell knows where down is. Easily forgotten. Your mass and the earths mass calling to each other*.” **Steve Paxton**

Dorte Bjerre Jensens work is anchored in an evolving artistic inquiry into multisensory relations of ecological attention through movement, manifested as performance, participatory performative scores, live art installations, lectures, classes and workshops, and writing. Dorte have been practicing, teaching and performing contact improvisation for more than 20 years.
www.dortebjerrejensen.dk

Ansök på https://dansalliansen.se/w/288

Ledare	**Dorte Bjerre Jensen**
Startdatum	2023-10-02
Slutdatum	2023-10-05
Tider	13.00-16.00 (måndag-torsdag)
Antal dagar	4 dagar
Sista ansökningsdag	2023-09-24
Plats	Dansalliansen studio
Adress	Ryssviksvägen 2, 5tr