IMPROVISATION, FLOOR WORK and REPERTORY

18 - 21 aug 2025

För tolfte året i rad presenterar Dansalliansen ÖPPEN SOMMARTRÄNING i samarbete med Danscentrum Väst som är utan kostnad för professionella frilansdansare och ingen föranmälan krävs.

Måndag + Onsdag:
MIGUEL DUARTE After graduating from the National Conservatory of Lisbon, Miguel joined the Nederlands Dans Theater where he danced for four years. He then worked as a freelancer with the Hofesh Shechter Company for two years before joining the GöteborgOperans Danskompani in 2021.

An improvisation class that aims to bring the participants' focus to the connection with their bodies, explore different ways of accessing movement and encourage the experience of new patterns and physicalities.

Tisdag:
AUGUSTE PALAYER was born in France and grew up in Spain. He trained for 5 years at Rosella Hightower in Cannes and at the age of 18 he joined the Nederlands Dans Theater 2 for three years. He is now part of the GöteborgsOperan Danskompani since 2022.

During the class we will focus on repertoire from GöteborgsOperan Danskompani, and explore different creative tasks used during the respective creation process.

Torsdag:
ANNA OZERSKAIA was born in Russia and her first work was with Kibbutz Contemporary Dance Company and then to Skanes Dansteater at first, but for the last 10 years I am dancing in Gothenburg Opera's Dance Company.

Anna propose a floor work, phrase based class. Starting with a softening shake, with focus on listening to the body and loosening it. Following phrases are built around some principals, allowing to work with the floor in a safe and organic way, steadily increasing centre and muscle engagement and dynamic

Ansök på https://dansalliansen.se/index.php/w/423

Ledare	**Miguel Duarte, Anna Ozerskaia och Auguste Palayer**
Startdatum	2025-08-18
Slutdatum	2025-08-21
Tider	10.00-12.00 (mån-tors)
Antal dagar	4 dagar
Sista ansökningsdag	-
Plats	Danscentrum Väst
Adress	Ärlegatan 3