

SOMMARTRÄNING - EMBODYING FORMS

10 - 14 aug 2020

In this class, we will explore how we can approach form in dance, through activating bodily awareness and connectivity, rather than through the mere reproduction of a shape.

Through inviting a body-felt sense of specific anatomical structures and through the direct application of this body-felt knowledge to specific dance forms.

We will approach form from the perspective of a dialogue between inside-out and outside-in. Integrating anatomical knowledge through its direct application to dance, this class aims at exploring and giving technical tools that are anchored in our bodily awareness, at fully engaging in our movement without leaving any body part behind us.

Frédéric Gies is a dancer and choreographer based in Sweden. His dance pieces bring to the forefront the capacity of dance to speak without having to commit to any aboutness. Frédéric Gies approaches form as possibilities rather than constraints. Their dances also address and actualize politics in a non-representational way, beyond the appearance of bodies. Frédéric Gies' work is also tightly connected to techno music and infused with references to clubbing and rave cultures. This is widely enabled by their long-term collaboration with the dj and producer Fiedel.

As he moved to Sweden in 2014, he initiated the work with techno music and started to develop his practice Technosomatics. The work is supported since ten years by Weld, and more recently by Skogen and Inkonst. They are supported by the Swedish Arts Council and have been recipient of grants from the Swedish Arts Grants Committee, the City of Stockholm and the City of Malmö. Between 2012 and 2018, they were head of program of the MA in choreography at DOCH-SKH.

OBS! Träningen är öppen och utan kostnad för professionella frilansdansare och ingen föranmälan krävs dock kan deltagarantalet komma att begränsas på grund av Corona.

Träningen är ett samarbete mellan Dansalliansen och Danscentrum Syd

Ansök på https://dansalliansen.se/index.php/w/89

Ledare	**Frédéric Gies**
Startdatum	2020-08-10
Slutdatum	2020-08-14
Tider	09.30 - 11.30
Antal dagar	5 dagar
Sista ansökningsdag	2020-08-14
Plats	Danscentrum Syd
Adress	Bergsgatan 29