

# QMotion Dance Technique

**15 nov 2024**

**Workshopen möjliggörs genom samarbete med Dansalliansen och genomförs i samband med dans- och arrangörsveckan Vuollerim i Rörelse. Kostnadsfritt och öppet för yrkesverksamma dansare, koreografer och pedagoger.**

The workshop will be structured into three different phases. One of them will involve working on movement phrases taken from our company's repertoire, where we will delve into the dynamics and energy that support them, with a special focus on floor work and trajectories.

A second phase will introduce participants to Q-motion tools, a methodology I developed in collaboration with the National Dance Company of Spain and London City University. These tools are designed for movement creation, generation, and the exploration of movement qualities. In the third phase of the workshop, we will engage in a composition process using the material worked on throughout the day. It will be a fabulous day, full of enjoyment for everyone.

**OBS! Anmälan sker till info@danscentrumnorr.se**

Ex- former member of Cirque du Soleil and founder of ACDN Productions, Phd **Eva S. Martz** has an extensive and distinguished career in the performing arts.

**Ansök på https://dansalliansen.se/index.php/w/369**

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| **Ledare** | **Eva Sánchez Martz** |
| **Startdatum** | 2024-11-15 |
| **Slutdatum** | 2024-11-15 |
| **Tider** | 09.30-12.30 (fredag) |
| **Antal dagar** | 1 dagar |
| **Sista ansökningsdag** | - |
| **Plats** | Samiskt Danscenter |
| **Adress** | Murjeksvägen 31 |