

MÖTE MED KOREOGRAF

11 - 12 sep 2025

Meet choreographer and performer Liz Kinoshita and for two days experience her style and practice. Participants will play with dance musicality, timing, timbre, tempo and physical tonality

We will work on strengthening surprising co-ordinations, pivoting from automatic pathways, and learning to wake up or let go of different muscles to support alignment, elevating dynamic dancing in many body architectures. We will investigate what history and habits we carry with us whether consciously or not, and how we can deviate from these when we wish to, so that one's performativity is not being presented by default nor accident but is rather deliberate and responsive. We will play with dance musicality, meaning timing, timbre, tempo, physical tonality, and a cage to set you free, structure to lean into. These tools will be shared through practicing a balance of instant composition scores and through set materials.

Liz Kinoshita is a Canadian/Belgian choreographer, performer, pedagogue and dance advocate. She has worked with ZOO/Thomas Hauert, Tino Sehgal, among others, and created her own work with collaborators such as Clinton Stringer, Justin F. Kennedy and Salka Ardal Rosengren. Her practices focus on musicality in dance, working with live performances shared (inter)nationally. Her creations include *VOLCANO* (2014), *Radical Empathy* (2017), *You Can't Take It With You* (2017), *11 O'clock* (2021), *Saga Saga* (2024). Liz was Artistic Associate with Rosas for *West Side Story* (2020) on Broadway (NYC). She created *Midnight Oil* (2024) for and with Norrdans, with original composition by Twin Shadow AKA George Lewis Jr. Liz has organised as an advocate for dance communities through groups such as *State of The Arts*, *voices for dance*, *Engagement.be*, and *Danscentrum Stockholm*. She presently organises *höjden nights* presenting multidisciplinary artists within a convivial context at höjden studios in Stockholm. Liz has led contemporary dance classes and workshops in training programmes, festivals, companies throughout Europe and North America.

Photo: arnaud beleen & irene occhiato @ tictac art centre

Ansök på https://dansalliansen.se/index.php/w/443

Ledare	**Liz Kinoshita**
Startdatum	2025-09-11
Slutdatum	2025-09-12
Tider	13.00-16.00 (torsdag-fredag)
Antal dagar	2 dagar
Sista ansökningsdag	2025-08-27
Plats	Dansalliansen Studio
Adress	Ryssviksvägen 2B