

GAGA DANCERS DE LUX

26 - 29 sep 2022

Gaga is the movement language developed by Ohad Naharin throughout many years, parallel to his work as a choreographer and artistic director of Batsheva Dance Company.

Gaga classes are predicated on a deep listening to the body and to physical sensations. The instructions are deployed to increase awareness of and further amplify sensation, information is layered, building into a multisensory, physically challenging experience. While many instructions are imbued with rich imagery, the research of Gaga is fundamentally physical, insisting on a specific process of embodiment. Gaga provides a framework for discovering and strengthening the body and adding flexibility, stamina, agility, and skills including coordination and efficiency while stimulating the senses and imagination.

Gaga/dancers deepens dancers' awareness of physical sensations, expands their palette of available movement options, enhances their ability to modulate their energy and engage their explosive power, and enriches their movement quality with a wide range of textures. The classes employ the specific vocabulary and skills that are part and parcel of a dancer's knowledge. The layering of familiar skills with Gaga tasks presents dancers with fresh challenges, and throughout the class, teachers prompt the dancers to visit more unfamiliar places and ways of moving as well, unlocking the endlessness of possibilities. Dancers are guided to connect their effort to pleasure and to discover the virtue of silliness.

No pre-registration is required, but it is drop in that applies
The classes are made possible thru a collaboration between Dansalliansen, IlDance and Danscentrum Stockholm.

The teachers are:
Lee Brummer, Smadar Goshen, Emma Rozgoni and **Anoushka Jago** began
Photo credit: **Ascaf**

Ansök på https://dansalliansen.se/index.php/w/217

Ledare	**Lee Brummer, Smadar Goshen, Emma Rozgoni & Anoushka Jago**
Startdatum	2022-09-26
Slutdatum	2022-09-29
Tider	10.00-11.15
Antal dagar	4 dagar
Sista ansökningsdag	-
Plats	Marikas Dansstudio
Adress	Döbelnsgatan 56BV