

# DANCING INTO FELDENKRAIS®

**22 - 25 apr 2024**

**Utilizing Feldenkrais® Awareness Through Movement, full-bodied dancing, and touch we will work to cultivate radical aliveness.**

We will puzzle, experiment, and queer. We will modulate states of being. We will dance with the bodies that we have as the people we are as a way to activate potential in many directions. How can we be nuanced, astute, complex, and visceral? We will research our experiences of the states that come out of other states and how that can connect us with the volume of time through imagination, memory, connection, and the politics of being. We will invite extreme difference through overlapping proposals that ask us to be more tender and more brave. What if all of this can take us together into unknown and unimaginable spaces? **Photo** Maggie Grace

## **Anya Cloud (she/they)**

I am an experimental contemporary dance artist originally from Alaska and currently based between Colorado and Berlin. As a queer white person, I orient my work to cultivate radical aliveness as an artist-activist practice. Collaboration is central to all of my work. Makisig Akin and I co-direct the project-based dance company The Love Makers. Our work has recently been produced by Dock 11, Tanzfabrik Berlin Bühne, Movement Research at the Judson, OUTSider Fest, and What You See Festival. Important collaborators include Makisig Akin, Sara Shelton Mann, Karen Schaffman, Eric Geiger, Ishmael Houston-Jones, and Nhu Nguyen among others. I have taught/facilitated contact improvisation, improvisation, contemporary dance, and somatics internationally at festivals and institutions including at Guatemala Contact Improvisation Festival, Tanzfabrik Berlin Schule, ImPulsTanz, wcciJAM, Ukraine Contact Improvisation Festival, Metamorphosis Improvisation Research Festival, The Field Center, and Seattle Festival of Dance Improvisation among others. I currently teach at the University of Colorado Boulder and am trained in the Feldenkrais Method®.

**Ansök på <https://dansalliansen.se/index.php/w/319>**



<b>Ledare</b>	Anya Cloud
<b>Startdatum</b>	2024-04-22
<b>Slutdatum</b>	2024-04-25
<b>Tider</b>	13.00-16.00 (måndag-torsdag)
<b>Antal dagar</b>	4 dagar
<b>Sista ansökningsdag</b>	2024-04-10
<b>Plats</b>	Dansalliansen Studio
<b>Adress</b>	Ryssviksvägen 2, 5 tr