



# BODY WEATHER

29 - 31 aug 2023

**Body Weather is a comprehensive training and performance practice to develop ones physical, mental and social body. The work aims to investigate the human nature of the body, the mind and the environments it exists in and relates to.**

Body Weather ranges from intensely dynamic and physical to deeply sensitive and delicate exercises. Bodies do just like the weather constantly change through an infinite and complex system of processes occurring in- and outside of these bodies. BW is a way to explore oneself, the group and the environment.

Body Weather was founded in the 1980's in Japan by dancer Min Tanaka. **Carmen Olsson**, dancer / choreographer and landscape architect, has since 1993 worked with Body Weather, in Japan, Europe and Australia.

The work is in this workshop for dancers and other performance practitioners who are interested in exploring the body and physical presence. The work requires a wholehearted physical and mental participation.

[www.carmenolsson.com](http://www.carmenolsson.com)

A workshop in collaboration between Dansalliansen and Danscentrum Väst

**Ansök på <https://dansalliansen.se/index.php/w/273>**



Ledare	Carmen Olsson
Startdatum	2023-08-29
Slutdatum	2023-08-31
Tider	10.00-14.30
Antal dagar	3 dagar
Sista ansökningsdag	2023-08-18
Plats	Danscentrum Väst Ärlegården
Adress	Ärlegatn 3