

DELVE DEEPER

En tredagars dansworkshop

med Fin Walker

I samarbete med Dansalliansen och Danskompaniet Spinn



Kursbeskrivning

This workshop is an opportunity to step into your body and inhabit it more fully in the moment of being. You will journey deeper into the self to realise your full potential using movement as an entry point and the voice to support the process of 'opening'. You will come into awareness of where you 'hold' in your system and look at how you can get out of your own way for expression to be effortless.

Guided improvisation will be used as a tool and a vehicle for your exploration. You will work in pairs, solo and groups to support and reflect back to each other.

Kursupplägg

Structure of each day:

- 10.00-13.00 Movement Session 1 (with a 20-30 minute break)
- 13.00-14.00 Lunch
- 14.00-14.30 Questions, thoughts, reflections from the morning session
- 14.30-17.30 Movement session 2 (with a 20-30 minute break)

Om kursledaren



Fin Walker is a choreographer, director and teacher. She is also a qualified Energy Healer. Fin has made works on her own company, Walker Park and on a number of British based companies: Candoco Dance Company, Rambert Dance Company, Ricochet Dance Productions, Gravity & Levity, to name but a few.

Walker Park was an Associate Company of The Royal Opera House (ROH) for six years. The company have toured and taught in Vietnam, Germany, France, Spain, Canada, America, Lithuania, Latvia, Estonia, Macedonia, Switzerland, Austria, America, Portugal, Denmark, Cyprus, Russia.

After their (Fin Walker and co-collaborator Ben Park) tenure at the ROH Fin began working in theatre, television and opera as a movement director and choreographer. Fin has worked with the Royal National Theatre, The Royal Shakespeare Company, the Globe Theatre, in the West End and on Broadway with actors Daniel Radcliffe, Ralph Fiennes, Kiera Knightly, Rory Kinnear, Damian Lewis, Tara Fitzgerald, David Harewood amongst others.

Period	7, 8 och 9 juni 2017
Tid	10.00-17.30 (inkl 1 timmes lunch)
Målgrupp	Dansare och koreografer med eller utan funktionsvariationer
Max antal deltagare	13
Förkunskaper	Att du motsvarar Kulturakademin Trappans antagningskriterier Läs mer här

Språk Engelska

Plats Danskompaniet Spinns dansstudio, Järntorget 7, Göteborg

Sista anmälningsdag 17 maj

Anmälan görs under "Anmälan" på www.kulturakademintrappan.se

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