## MÖTE MED TED STOFFER

## 21-25 NOVEMBER 2016

**Öppen för:** Professionellt yrkesverksamma dansare.

**Tidpunkt:** Öppen dagligträning 10.00–11.30

Workshop 12.30-16.00

Plats: Danscentrum Stockholm studio, Jungfrugatan 7b, Stockholm

Workshopen genomförs i samarbete med Danscentrum Stockholm



## TOOLS FOR CREATIVITY AND COMPOSITION

The workshop focuses on five principles of movement, Ma, and the power of persistence. These principles are used to focus creative energies, allowing participants to confidently work outside habitual movement patterns and comfort zones. These tools are vehicles of communication in any performative situation and will thus be explored in instant composition.

The workshop nurtures a nonjudgmental, sensory receptive mind, which is able to be simultaneously subjective and objective. Participants are encouraged to follow the nuances of energies manifesting in their movements. To be present, in the now, without plans. Acute awareness to the potentiality of the moment expands creative freedom and one's response-ability on stage.

Participants explore guided improvisations and tasks individually, in pairs, and in groups. They evolve in their own pace.

**Ted Stoffer** (USA/BE) is a Brussels based choreographer, teacher and performer.

His work spans: contemporary dance, theatre, butoh, audience interactive performances, Tanztheater, educational videos, and an original stage performance inspired by Japanese game shows. He was a regular teacher for: Ultima Vez, Rosas, Charleroi Danses, Sasha Waltz, and has taught for: DV8,Ballet de Marseilles, Carte Blanche, Byteatern, CND Paris, CNDC Montpellier, P.A.R.T.S., SEAD and open classes throughout Europe.

Over the last six years he has taught regularly in leading acting schools in Germany and has developed a close working relationship with German directrice, Sandra Strunz and award winning Flemish/German director, Luk Percival.

Sista anmälningsdag är den 30 oktober 2016

E-posta ansökan, aktuellt CV och kort motivationsbrev till info@dansalliansen.se



