

# NO HOLDING BACK (BETWEEN MAGIC AND HEALING)

med Angela Schubot och Robert Steijn

I samarbete med Dansalliansen och Danscentrum Väst



## **Kursbeskrivning**

"Can we let the body speak, by itself, by moving, breathing, dreaming, resisting thoughts, by talking not too logically, by not talking at all, body talk, body silence, body noise, acceptance of everything that could happen, would happen, should happen, do we need a direction to find things that can inspire, why look for imagination, when the body is already so complicated in sensing and creating moments, movements, memories, milestones. Falling in love with dance is that really necessary to be able to fly, flow, forget.

We share our practices how to get into the moving body, without a pre-thought concept or a desired aim. How to get in contact with the vitality, laziness, and creativity of the body? We like to redefine together with the participants how one can get in a body state of discoveries, going to things one did not experience before, how to refresh constantly an attitude to let things happen, instead of controlling them.

And when there is an aim, we only could describe it as finding qualities of deep listening to what is there already and discovering forces that guide us beyond ourselves and touching realms of magic and healing."

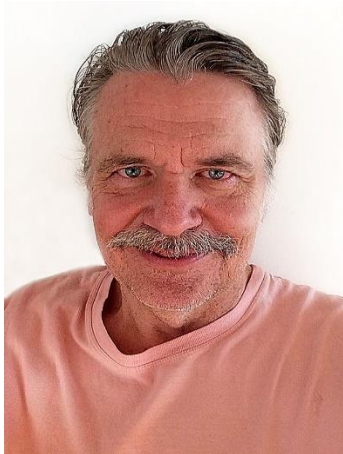
*Robert Steijn and Angela Schubot*

## **Om kursledarna**



Angela Schubot is co-founder of Two Fish (2000-2012) with Martin Clausen. Since 2009 she works with Jared Gradinger, developing pieces about the topic of debordering of the body, which tour successfully. From 2011 till 2016 she was working with and for Margret Sara Gudjonsdottir. Besides she works and has collaborated with theatercombinat Wien, Dorky Park/Constanza Macras, pictoplasma, Rahel de Joode and Jefta van Dinther among others. In addition her most continuous collaboration partners Martin Clausen, Margret Sara Gudjonsdottir and Jared Gradinger she is deeply influenced by the artists Rosalind Crisp and Benoît Lachambre.

Angela is interested in solo works based on intensive phases of movement research, which are the core of her collaborations. In 2015 her solo "Körper ohne Macht" (bodies beyond power) premiered in Hebbel am Ufer, Berlin. Schubot is teaching movement research and is coaching a.o. at DOCH/University of Dance and Circus in Stockholm, ImPulsTanz Wien, HZT-Berlin and SMASH Berlin. In 2013 she started her education in fascia-therapy according to the method of Danis Bois and will be working as a healer/health practitioner soon.



Robert Steijn is performer and writer, formerly based in Vienna, but now he tries to settle also in Mexico City. Influenced by shamanism, he likes to investigate the transformative power of imagination. He is charmed by the snake as totem animal and obsessed by the question how to stage human sexuality in a lucid and sensitive way. As a dancer he looks for the intuitive and instinctive body.

At the moment Robert tours with the Mexican city based choreographer Ricardo Rubio showing a duet about male intimacy, called "Prelude on love". In Mexico he co-developed an artist gathering called "facing the smell of death", a chain of performative acts to reflect the actual political situation. Participants are Laura Rios, Eliza Dac, Ricardo Rubio and Robert Steijn.

In Austria Robert directed the band performance, called "no nothing", a mixture of physical actions and songs, around the theme the death and the maiden with Frans Poelstra, Gabriela Hiti and Norbert Wally as musicians/performers in 2015. That year he wrote also the theatre monologue "this could not be written by a woman", toured in the work of Maria Hassabi, performed in a duet with Geraldine Chollet under the direction of Jessica Huber and joins in a collaborative event with Angela Guerreiro, Ari Hoffman, Jochen Roller and others in Hamburg. This year 2016, he concentrated on being in Mexico, investigating the energy of Quetzalcoatl.

In 2017 Angela and Robert plan to premiere their first collaboration duet-work.

<b>Period</b>	26 och 27 november 2016
<b>Tid</b>	10.00 - 16.00
<b>Målgrupp</b>	Professionella dansare och koreografer
<b>Förkunskaper</b>	Att du motsvarar Kulturakademin Trappans antagningskriterier Läs mer <a href="#">här</a>
<b>Språk</b>	Engelska
<b>Max antal</b>	15
<b>Plats</b>	Danscentrum Väst, Ärlegården, Ärlegatan 3
<b>Sista anmälningsdag</b>	6 november

Anmälan görs under "Anmälan" på [www.kulturakademintrappan.se](http://www.kulturakademintrappan.se)

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