

# BATSHEVA DANCE COMPANY

## GAGA FOR PRO'S

26 AUGUSTI

**Öppen för:** Professionellt yrkesverksamma dansare

**Tidpunkt:** Öppen daglig träning 10.00–11.15

**Plats:** Stora dansstudion, Högskolan för scen och musik, Fågelsången 1, 40530 Göteborg

**Gaga for pro's sker i samarbete mellan Dansalliansen och Göteborgs Dans och Teaterfestival**

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### **GAGA**

Gaga is a movement language developed over the last decade by Ohad Naharin, Batsheva's long-time artistic director, in the Batsheva studios. This expressive and dynamic movement language is used daily by dancers of the Batsheva Dance Company and Batsheva Ensemble as the basis for their distinctive technique.

Gaga offers a new way to reach a deeper knowledge and understanding of one's self via the body and its movement. Gaga encourages, teaches and cultivates multi dimensional movement, efficiency and texture of movement, the use of explosive power, the connection between pleasure and effort, quickness, clarity of intention, stamina. It enables recognition of one's own movement habits and helps to acquire new ones.

Essentially, Gaga increases one's understanding of the body's weaknesses and strengths, as well as its response to them. Through Gaga, one works to break down physical barriers in order to reach a greater comprehension and control of instinctive movements.

Ultimately, Gaga empowers the experiences of pleasure, stillness, positivism, and happiness.

The Gaga movement language is a tool that can be utilized by dancers and nondancers alike.

**Sista anmälningsdag är den 7 augusti 2016**

**E-posta ansökan, aktuellt CV samt kort motivationsbrev till [info@dansalliansen.se](mailto:info@dansalliansen.se)**

**Dans**alliansen



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