

MÖTE MED MANUEL RONDA

4-8 APRIL 2016

Öppen för: Professionellt yrkesverksamma dansare

Tidpunkt: Träning 10.00–11.30 och workshop 12.30–16.00.

Plats: Danscentrum Stockholm (stora studion), Jungfrugatan 7b, Stockholm

Workshopen och samtalet genomförs i samarbete med Danscentrum Stockholm



WORKSHOP FOR PEOPLE INTERESTED IN MOVEMENT

When we begin tapping into the fundamental resources within each body, we start to re-discover our natural instinct in movement, movement which comes naturally, expressing a wide range of emotions and desires. Movement conceived as a necessity, as a theatrical act, rather than a form.

The class will focus mainly on the connection with one's own body, with the understanding of its limits, in order to acknowledge how far one is willing or able to go. Awareness of the skeletal structure, its capability of mobility, its mechanics and directional awareness will help us to explore the space across the floor and through the air. Calmness always being the starting point.

Learning to search for resting points during the use of force, power and strength. Reaching freedom when being locked. The natural state of expressions will allow us to find our own unique language, which will lead us towards movement material composed into phrases emphasizing the full range of spatial possibilities coming from the floor to reaching the air above.

We will also work to discover the many layers involved in partner- work situations like depending on another body, trusting it, controlling and caring for it, giving and receiving impulses, how to approach an outside body.

Manuel Ronda, dancer and actor, was born 1977 in Italy (Genoa) where he first studied Industrial Design at the University of Architecture. Afterwards he studied at the modern dance department of the Theater School in Amsterdam in 1999. Manuel Ronda sees himself as a theater performer. As an actor he worked for the children's theatre Teatro del Piccione in Genoa (I) for a number of years, and for Lindsay Kemp, in Rome. After dancing in various projects with Charleroi/Danses Plan-K directed by Frederic Flamand, he collaborated with Angélique Wilkie in the performance "Zeropoint". In 2005 he joined Ultima Vez/Wim Vandekeybus where he danced in different pieces until 2008

Sista anmälningsdag är den 20 mars 2016

E-posta ansökan, aktuellt CV och kort motivationsbrev till info@dansalliansen.se