

MÖTE MED EMMA ROZGONI OCH NOAM CARMELI

29 MARS – 1 APRIL 2016

Öppen för: Professionellt yrkesverksamma dansare.
Tidpunkt: Dagligträning: Gaga klass 10.00-11.30 (måndag-fredag)
Workshop: 12.30-16.30 inklusive kortare pauser.
Plats: Danscentrum Stockholms studio, Jungfrugatan 7b, Stockholm

Workshopen sker i samarbete med Danscentrum Stockholm



**BE-LONGING -
FROM SOLO TO GROUP IMPROVISATION EXPLORATION BASED ON GAGA, FloWork & C.I**

The Practice of Flow is a movement awareness practice based on principles from Aikido, Ilan Lev Method and Contact Improvisation. The method offers tools to enrich the combination of free movement and strong structure, a combination that, by nature, already exists around and inside us. Through the practice, we will find ways to use the skeleton to carry weight, while releasing unnecessary muscular effort, which may help to support the flow, sensing the movement and letting us stay available, grounded and free.

In this workshop we aim to explore the principles of Gaga, FloWork, and Contact Improvisation — in order to enrich our individual voice as a mover. Based on this, we will in the second part of the meeting dive into the process of improvising together as a group. Our interest is in exploring the relation between the individual and the group. In our modern, and sometimes competitive, society the wish to fulfil our individuality might at times limit our feeling of belonging. In this workshop we wish to take a deeper look on these questions and ideas, to explore it in a physical way in the studio. How each individual can have the space and freedom to express himself, while at the same time being open and available for the beauty of creating together.

Emma Rozgoni (Sweden) holds her BA degree in dance from the National Academy of Arts, Oslo. After years of researching Gaga, including classes with Ohad Naharin and the Batsheva Dance Company, freelancing and performing in Amsterdam and Israel, and a year at the Gaga Teacher Program, Emma became a certified teacher of the movement language. She now teaches all over the world for well-known companies.

Noam Carmeli (Israel) studied architecture in Israel and Amsterdam and worked in this field until 2010. He began to dance in London in 2000, and since then continued to research and study within the field of dance, body and movement. Noam has been teaching since 2004, including teaching for professional dance companies in Israel, Europe and Japan, as well as performing in various improvisation based projects in Israel and abroad.

Sista anmälningsdag är den 13 mars 2016

E-posta ansökan, aktuellt CV och kort motivationsbrev till info@dansalliansen.se

Dansalliansen

